

# CAPE GIRARDEAU ROAD RUNNERS' ANNUAL BANQUET

Sunday, January 30, 2022  
5 P.M. to 9 P.M.

We look forward to seeing you for a fun-filled evening with fellow runners and their families and friends. We will have socializing followed by a Taco Bar style dinner catered by Balanced Meal Prep, an entertaining game show, presentation of CGRR awards for *Male and Female Runners of the Year, Volunteer of the Year, & Grand Prix Series* and plenty of door prizes.

## Agenda

5:00--doors open/social time

5:30--dinner

6:30-7:30--game show type entertainment

7:30-8:15--updates from the board and award presentations

8:15-9:00--door prizes/more socializing

Along with being able to visit with the rest of the running community, you will be voting on the **Male and Female Runner of the Year** and **Volunteer of the Year**.

Cost: \$10 for members (this includes family members) and \$15 for non-member guests

We need your reservation by January 12, 2022. Register online at <https://www.caperoadrunners.org/shop> or MAKE CHECKS PAYABLE TO Cape Girardeau Road Runners and SEND WITH THE COMPLETED FORM TO  
Cape Road Runners, P.O. Box 2325, Cape Girardeau, MO 63702

Check your membership status at [www.caperoadrunners.org](http://www.caperoadrunners.org)! If you need to renew, you can send the renewal form and money at the same time. (You must renew prior to Jan 1 to receive Grand Prix points for the Resolution Run).

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Name \_\_\_\_\_

Number attending: \_\_\_\_\_ x \$10 + \_\_\_\_\_ x \$15 = \_\_\_\_\_ (Amount enclosed)

*Please return this form no later than 1/12/22*

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What amazing people would you like to nominate for awards? Please comment as to why you are nominating them. The comments will anonymously be listed on the ballots:

**Runner of the Year (see next page for criteria):**

Male: \_\_\_\_\_ Why? \_\_\_\_\_

\_\_\_\_\_

Female: \_\_\_\_\_ Why? \_\_\_\_\_

\_\_\_\_\_

**Volunteer:** \_\_\_\_\_ Why? \_\_\_\_\_

\_\_\_\_\_

You can use the back for additional comments

**CRITERIA FOR *RUNNER OF THE YEAR*:**

- A Cape Road Runner member.
- He/She has displayed excellence in their running in 2021
- He/She has demonstrated commitment to the sport of running.
- He/She has led to a continued success of our club.

Past recipients are ineligible for nomination for three years after receiving award